

The long-term plan below is a curriculum map that covers all three core themes over three terms (six half terms). It considers progression and development of students' understanding of the overarching concepts and development of essential skills and attributes. Topic areas are arranged into half term 'chunks', which can be adapted to suit our planning requirements. The number of lessons indicates the actual number available to us in our 2022/23 calendar. The selected content ensures opportunities to explore the overarching concepts and to develop knowledge, skills and attributes, through a programme that is relevant and appropriate to the ethos of our school and the needs of our students. Support for the delivery of RSE is provided by MP/ML in training and delivery.

The Chantry School Long-term PSHE plan

Colour code	Health & wellbeing	Relationships and Sex Education	Fundamental British Values		Careers	Financial literacy
Lessons	Autumn 1 3	Autumn 2 4	Spring 1 3	Spring 2 3	Summer 1 3	Summer 2 3
Year 7 HoY: JRH	Introduction to PSHE and transition to secondary school, managing emotions. Diet, exercise and how to make healthy choices	Managing friendships & relationships, what makes a good friend? Respect. Being positive. Self-esteem, Pressure and influence. Consent and boundaries	Democracy. How is our country run? Elections and campaigning. Political debates in parliament, creating a political party	The risks of energy drinks, alcohol, tobacco and vape.	Exploring careers and my dream job Challenging career stereotypes and raising aspirations Introduction to Unifrog Employer visits and presentations	Making ethical financial decisions Saving, spending and budgeting our money Follow up from careers
Year 8 HoY: LI	Mental health and emotional wellbeing, including body image Managing change and loss	First aid and personal safety, focusing on road safety Alcohol and drug misuse and managing peer influence	What are Fundamental British Values (FBV)? Exploring Britishness and British Values Focus on Rule of law. Why do young people commit crimes? Debates about youth crime. Law making in society. Debates about youth crime.	Healthy respectful relationships, what is love? Introduction to contraception. The menstrual cycle What is gender identity? Sexual orientation. Dealing with conflict	What would it be like to budget for life? Where does all of our money go?	Planning for my future career through Unifrog. How do I use labour market information? What are my employment rights and responsibilities? Employers tell us what they value

<p>Year 9 HoY: KM</p>	<p>4 lessons Relationships and partners. Pleasure and masturbation. Delaying sexual activity. Sexual consent and the Law. Sexual harassment Contraception & The condom lesson, What are STI's? HIV and AIDS.</p>	<p>4 lessons Creating a personal development plan and uploading it to Unifrog. Choices, choices, choices, which GCSE options should I take? What are employability skills? How do I develop these?</p>	<p>4 lessons What are Fundamental British Values (FBV)? Focus on mutual respect. What are human rights? Exploring human rights. LGBT rights, tackling homophobia, transphobia and sexism</p>	<p>3 lessons plus visiting speaker Dieting, lifestyle balance and unhealthy coping strategies Managing peer pressure, increasing assertiveness and risk management skills in relation to illicit substances – alcohol, tobacco, vape and other addictive substances</p>	<p>3 lessons Making ethical financial decisions Saving, spending and budgeting our money. Evaluating value for money in services. Risks and consequences making financial decisions</p>	
<p>Year 10 HoY: AS</p>	<p>3 lessons Transition to key stage 4 and developing study habits Mental health and ill health, tackling stigma</p>	<p>4 lessons Healthy & unhealthy relationships. Sexual assault. Domestic abuse and violence Sexualisation of the media. Pornography and its impact on society. Sexting.</p>	<p>4 lessons What are Fundamental British Values? Multi-cultural Britain. Challenging Islamophobia. What is extremism? What is terrorism? The radicalisation processes.</p>	<p>4 lessons Which career is right for me? Preparing for work experience and reflecting on my success. Which skills are valued in the workplace? Is my personality enterprising?</p>	<p>3 lessons How can I successfully manage my money? The importance of budgeting. What is the difference between credit and debit? How can we keep financially savvy and avoid debt?</p>	<p>Year 10 exams Work experience</p>

<p>Year 11 HoY: SB</p>	<p>What are my post-16 options? Hearing from FE in assemblies. What is the difference between apprenticeships, B-tech, T-level and A-level? How do I apply to college? How best can I prepare for a job interview? What are employers looking for in a CV? Preparing my personal statement and uploading it to Unifrog.</p>	<p>Respect, love and relationships. Revisiting STI's and contraception. The importance of sexual health Alcohol, parties and bad choices. Peer on peer abuse. Fertility. FGM</p>	<p>Saving, spending and budgeting money Understanding the causes and effects of debt Understanding the risks associated with gambling</p>	<p>Taking responsibility for health choices Mental health and ill health, tackling stigma Revision techniques to help cope with stress</p>
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